

## Free Lateral Flow Tests at Edinburgh College

### How and where do I collect Lateral Flow Test kits?

Lateral Flow Test kits can be collected at campus receptions from 7am-9pm, Monday-Friday. When you arrive to collect your kits, you will be asked to complete a log sheet with details including: your name, contact details, and the unique reference number of the test kit (this is in case the test kits needs to be recalled). Please also remember to adhere to [campus health and safety protocols](#) when collecting your tests. [Please read this quick guide before attending a campus.](#)

*Please note: if you are under the age of 18, [you must complete this consent form](#) for you take part in the programme. A parent/guardian/carer must sign your consent form*

*You can download and print the form [here](#) and bring it with you when you wish collect tests, or the form can be collected from campus receptions and should be taken home to complete before tests are given out.*

### How do I use the Lateral Flow Test kit?

Once you have collected your test kits, you are encouraged to test two times per week at home before you come onto campus.

The test involves taking a swab from your mouth and nose. You will be able to see the results within 30 minutes, and should then enter your results on the NHS website. Full instructions are supplied with each kit. Further information including step-by-step instructions video on how to do the test can be found [here](#). [You should report your test results here](#)

If you are experiencing symptoms of COVID-19, you should not take a Lateral Flow Test and should arrange to have a PCR test instead, in line with government guidance.

### What if I test positive?

If your test comes back negative, you can continue with your day-to-day life, observing [Government guidance on national and local restrictions](#), FACTS and [campus health and safety guidance](#)

If your Lateral Flow Test shows a positive result, you should self-isolate for 10 days and arrange a different test, known as a PCR test.

PCR tests can be booked to take place at a local testing centre or PCR test kits can be delivered to your home address by calling 199 or ordering online here: [NHS Inform](#). PCR kits delivered to your home will include instructions on how to use the test and an envelope for you to return the kit to a laboratory.

You should inform your lecturers immediately if you are having to self-isolate or have received a positive Lateral Flow Test or PCR test result.

### Why should I take this test?

Using Lateral Flow Tests at home can help reassure you that you're not infectious and are therefore unlikely to pass on COVID-19 to loved ones or others in the community. It does not, however, guarantee that you do not have COVID-19 and we should all continue to follow [Government guidance on national and local restrictions](#), FACTS and [campus health and safety guidance](#).

### **Do I have to take a test?**

No, using Lateral Flow Tests at home is entirely voluntary. However, we do encourage students and staff to take part to help keep our EC Community, and the wider community, as safe as we can.

If you require further information please contact us by [email](#).

Students who are not required to come on to a campus but would like access to Lateral Flow Testing [can access test kits via NHS Inform](#)

### **Do I have to book in to college to collect a test?**

No, you can call to one of our campuses and go to reception between 7am and 9pm to collect a kit.

### **Do I need to do a test if I am at placement?**

As stated, all tests are voluntary however if you are on placement please check your placement providers guidelines on Lateral Flow Testing as they may have test kits there. If your placement does not offer testing you can either order a test kit online or come to one of our campuses to collect.

Individuals testing at home can report problems with test kits. In Scotland this will be through a helpline number (0300 303 2713). Anyone harmed using a test kit will be instructed to report it on the Coronavirus Yellow Card Reporting Site: <https://coronavirus-yellowcard.mhra.gov.uk>.